

Arizona

AzCPCR

Cyndi Thomson, PhD, RDN

University of Arizona

On behalf of

The AzCPCR Team



AzCPCRN Project Goal

The **overall goal** of our CPCRN is promote long-term wellness and reduce health disparities for Hispanic survivors of obesity-related cancers. To assure the success of the proposed research we are partnering and collaborating with Mariposa Community Health Center (MCHC) and broadly across the CPCRN.

AzCPCRNRN Project Aims

- **Aim 1:** Collaborate nationally with the CPCRNRN, Coordinating Center and the CDC to advance a research agenda for the development/adaptation, translation, implementation, evaluation and dissemination of CHW-led, evidence-based programming to reduce the burden of cancer and metabolic co-morbidities among cancer survivors.
- **Aim 2:** Establish a local multidisciplinary AzCPC network that builds upon the Public Health Action Plan for Cancer Survivorship, state cancer plan, and leverages resources from the University of Arizona Cancer Center, University Public Health student body, as well as federally-qualified community health centers, to advance and scale cancer survivorship care for underserved populations.
- **Aim 3:** Complete a pilot feasibility, acceptability and preliminary efficacy study of a potentially scalable, evidence-based, intervention for promoting cancer prevention behaviors in underserved Hispanic adult cancer survivors.

AzCPCRNC Efforts: 2019-2020

Aim 1:

- Gain a working knowledge of the CPCRNC, including roles, procedures, collaborative opportunities and reporting requirements
- Actively participate in conference calls and meetings
- Present a workgroup idea in the area of cancer survivorship
- Build effective collaborations across CPCRNC sites
- Plan a CPCRNC informal meeting at ASPO 2020 in Tucson
- Identify and “process” affiliate memberships

Aim 2:

- Working with AzPRC marketing efforts, expand the presence of the new AzCPCRNC.
- Working with our community partners identify opportunities for collaborative cancer prevention outreach and research.

AzCPCRN Project: 2019-2021

- Using qualitative methods, we will advance our understanding of the knowledge, attitudes and beliefs of Hispanic cancer survivors related to obesity-related cancer
- Applying innovative approaches:
 - Photovoice
 - CHW led, survivor-directed approaches (CBPR)
 - Student engagement
 - Mobile technologies
 - Health promotion dyad for behavioral support and reinforcement
 - Lessons learned: *Pasos Adelante*, Steps Forward and other programming

CPCRN



Cancer Prevention and Control Research Network

AzCPCRN Project: 2021 and beyond

Aim 3:

- Build on results of the qualitative research and knowledge gained through the cancer survivorship workgroup of the CPCRN to develop cancer survivorship wellness programming for Mariposa Community Health Center
- Assess the feasibility, acceptability and preliminary efficacy of the cancer survivorship program

AzCPCR N Members



Cyndi Thomson, PhD, RDN started her career as an oncology dietitian and transitioned her career in 1998 to cancer prevention research and outreach programming to promote cancer prevention behaviors related to diet, physical activity, tobacco and alcohol and obesity in support of national guidelines for cancer prevention and survivorship.

Co-Leader of the Cancer Prevention and Control Program at the University of Arizona Cancer Center (UACC).

Trained in D&I research thru the NCI Division of Cancer Control & Population Sciences Training Institute for Dissemination and Implementation Research in Cancer.

AzCPCRN Members



Scott C. Carvajal, PhD, MPH, is a Professor and PI/Co-Director of the Arizona Prevention Research Center (AzPRC) at the University of Arizona. He has partnered with four federally-qualified health centers that serve majority Hispanic populations in Arizona to lead multiple chronic disease preventive intervention research studies that focus on diet, physical activity, and mental well-being, often employing quasi-experimental evaluation methods.



Maia Ingram, MPH is Co-Director of the AzPRC and a Co-Investigator of the current AzPRC core research to evaluate a CHW community-clinical linkage program. Since 1995, Ms.Ingram has been instrumental in building partnerships with community organizations in Southern Arizona through participatory evaluation of numerous CHW demonstration projects, many with Mariposa Community Health Center.

AzCPCR N Members



Jenna Hatcher, RN, MPH, PhD. Associate Director for Community Outreach and Engagement for the UACC. She has experience with vulnerable populations and health equity in community-based setting. For the past 15 years she has developed and implemented interventions that promote health equity using community health workers in a variety of communities.



Mrs. Rosi Vogel is the Senior Program Coordinator of the AzCPCR N building on her leadership with “Nosotros Comprometidos a Su Salud,” a research program to foster community-engaged research collaborations, service, and education to advance health equity. She is an integral part of outreach in the Tucson and Southern Arizona communities for the UACC. Mrs. Vogel is a bilingual and bicultural Mexican woman who has extensive experience with chronic disease prevention in Hispanic communities.

AzCPCRN Members



Meghan Skiba, MS, RDN is a doctoral candidate in Health Behavior Health Promotion in the College of Public Health and a research specialist at the University of Arizona, where she manages a team of undergraduate health coaches. She has 5 years of research experience focused on improving the health of cancer survivors through lifestyle interventions including the application of telephonic and digital technologies.

AzCPCRN Community Partners Members



Patty Molina, BS, the lead MCHC investigator, is Senior Director of Community Health Services, and has overseen *Juntos Contra al Cancer* (Together Against Cancer) cancer screening and care navigation support programs over the past 15 years. She facilitates partnerships with the AzPRC and other UArizona faculty on collaborative research projects including grants in childhood obesity, hearing loss and sleep.

AzCPCRN Community Partners Members



Lizzie Garcia, a native of the Arizona Sonora border has been employed at Mariposa Community Health Center since 2006. Lizzie is the Prevention Program Manager and oversees various programs such as Nutrition Education, Diabetes Prevention, Tobacco Prevention, Oral Health, and The Summer Youth Institute. She is passionate about prevention and improving the health and wellness of Santa Cruz County residents.



Tatiana Enriquez is employed by MCHC as a CHW or Promotora de Salud working in the area of diabetes prevention, cancer and support services projects. The Juntos Contra el Cancer support group includes over 40 breast cancer survivors who meet regularly to offer emotional support to one another and educate and support women who are newly diagnosed on navigating cancer therapy.



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AzCPCRN Strengths



- Strong, long-term partnerships with community health centers
- Extensive expertise in CBPR; expanding expertise in D&I research
- Diverse population: Hispanic, American Indian, Rural, Older adult
- Comprehensive cancer center with shared resources
- Software platform for telephonic/ multi-modal interventions
- Student-centered health coaching training program with demonstrated fidelity
- RedCAP for survey research
- *All of Us and Nosotros Comprometidos a Su Salud*
- Western Region Public Health Training Center

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Cancer Prevention and Control Research Network

AzCPCRN Opportunities for CPCRN Center Collaborations

- Healthy lifestyle interventions
- FQHC, Community-based participatory research
- Cancer survivorship
- Training
- D&I (developing)

Thank you!

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