

## Putting Public Health Evidence in Action to Prevent and Control Cancer

# **Adaptation Guidance Tool**

In choosing an evidence-based intervention you may have to make changes to increase fit or compatibility with your audience and/or community. Here is general guidance in terms of things that can and cannot be changed from the original intervention. Remember to refer to any adaptation suggestions from the original developer(s) in making these adaptation decisions.

### Adaptation Guidance



#### Green - Things that CAN be changed:

- Names of health care centers or systems
- Pictures of people and places and quotes
- Hard-to-read words that affect reading level
- Wording to be appropriate to audience
- Cultural indicators based on population
- Ways to reach and recruit your audience
- Incentives for participation
- Timeline (based on adaptation guides)



#### Yellow - Things that can be changed with caution:

- Substituting activities and/or adding new activities
- Changing the order of the curriculum or steps (sequence)
- Altering the length of program activities
- Shifting or expanding the primary audience
- Varying delivery format/process steps
- Modifying who delivers the program
- Adding activities to address other risk factors or behaviors

#### Red - Things that CANNOT be changed:

- The health communication model or theory
- The health topic/behavior
- Deleting core components or whole sections of the program
- Reduction of program
  - $\circ$  Timeline
  - Dosage (e.g., activities, time/session)
- Putting in more strategies that detract from the core components

